SAMPLE FORM (May be used by provider.)

Department of Health Services Licensing and Certification Program Aide and Technician Certification Section (ATCS) 1615 Capitol Avenue, MS 3301 P.O. Box 997416 Sacramento, CA 95899-7416 (916) 327-2445

NURSE ASSISTANT TRAINING PROGRAM SKILLS CHECK LIST

Student na	me	Enroll date		Social se	curity number	
Training pro	ogram	Completion of	late	Clinical s	ite name	
Instructor's	name	Title			linit	ials
Signature					<u>.</u>	
Clinical Date	Hours					
	<u> </u>	V	S = Satisfa	$\frac{V}{C} = \frac{V}{V} = \frac{V}{V}$	nsatisfactory	<u>V V V </u>
	NURSE ASSISTANT TRAINING PROGRAM SKILLS DEMONSTRATED		S/U		Date Performed	Licensed Nurse Initials
Module	6, Medical and Surgical Asepsis (8 Hours	Clinical)	3/0	Comments	Date Performed	illitiais
1.	Hand washing					
2.	Proper handling of linen					
3.	Universal precautions					
	∘ Gloving					
	Gowning					
	Apply mask					
4.	Double bagging trash/waste					
Module	5, Body Mechanics (4 Hours Clinical)					
1.	Use of gait belt					
2.	Helping the helpless resident up to the head bed with two assistants	of the				
3.	Turning and positioning the resident					
	Supine					
	Side-lying					
	Use of lift sheet					
4.	Assisting transfer from bed to chair or wheel	lchair				
5.	Assisting transfer from chair or wheelchair to	o bed				
6.	Mechanical lift					
Module	2, Resident's Rights (1 Hour Clinical)					
1.	Knocks on door before entering					
2.	Pulls privacy curtains during personal care					
3.	Keeps resident information confidential					
4.	Treats resident with respect and dignity					
5.	Encourages resident to make choices					
6.	Explains procedure to resident					

	S/U	Comments	Date Performed	Initials
Module 14, Rehabilitative/Restorative Care Clinical)	(4 Hours			
Range of motion exercises				
Assisted ambulation of resident with	n gait belt			
3. Assisting the resident to ambulate v	_			
Assisting the resident to ambulate v				
5. Rehabilitative devices		Type:		
Module 4/12, Emergency Procedures and Catastrophe (2 Hours Clinical)	Prevention of	.,,,,,,		
Applying postural supports (safety of	devices)			
2. Applying soft wrist/ankle restraint as	s safety device			
3. Heimlich maneuver for the consciou	us resident			
4. Heimlich maneuver for the unconsc	ious resident			
5. Positioning of call light				
6. Demonstrates fire/disaster procedu	res			
7. Handles O ₂ safely				
8. Use of fire extinguisher				
Module 8, Patient Care Skills (44 Hours CI	inical)			
1. Back rub				
2. Bed bath/partial bath				
3. Tub bath				
4. Shower				
5. Assisting with oral hygiene				
6. Mouth care of the unconscious residual	dent			
7. Denture care				
8. Nail care				
9. Combing the resident's hair				
10. Shampoo of bedridden resident				
11. Shampoo with shower or tub bath				
12. Medicinal shampoo				
13. Shaving—electrical shaver				
14. Shaving—razor blade				
15. Dressing and undressing the reside	ent			
16. Changing the clothes of resident wi				
17. Assist in the use of urinal				
18. Assist in the use of the bedpan				
19. Assisting resident to commode/toile	t			
20. Bladder retraining				
21. Bowel retraining		1		
22. Perineal care				
		+		
		+		
24. Splints	L:4			
25. Applying a behind-the-ear hearing a				
26. Removing a behind-the-ear hearing	aid			

NURSE ASSISTANT TRAINING PROGRAM SKILLS DEMONSTRATED	S/U	Comments	Date Performed	Licensed Nurse Initials
27. Removing, cleaning, and reinserting an artificial eye				
Module 10, Vital Signs (6 Hours Clinical)				
Measure and Record Vital Signs				
Temperature				
Oral				
Axillary				
Rectal				
Electronic				
Pulse: radial				
Pulse: apical				
Respiration				
Blood pressure				
Module 9, Resident Care Procedures (20 Hours Clinical)				
Collect and identify specimen				
Sputum specimen				
 Urine specimen: clean catch 				
Urine specimen: routine UA				
Stool specimen				
Occupied bed making				
Unoccupied bed making				
Administering the commercially prepared cleansing enema				
5. Administering enemas—tap water, soap suds				
Administering laxative suppository				
7. Empty urinary bags				
Care of resident with tubing				
Oxygen				
IV				
Gastrostomy				
Nasogastric				
Urinary catheter				
9. Antiembolic hose, elastic stockings (TED Hose)				
10. Admitting the resident				
11. Transferring the resident				
12. Discharging the resident				
13. Application of nonsterile dressing				
14. Application of nonlegend topical ointments				
Module 7, Weights and Measures (1 Hour Clinical)				
Measuring oral intake				
Measuring urinary output				
Measuring the height of resident in bed				
Weighing the resident in bed				
Measuring and weighing the resident using an upright scale				

	NURSE ASSISTANT TRAINING PROGRAM SKILLS DEMONSTRATED	S/U	Comments	Date Performed	Licensed Nurse Initials
6.	Documents in military time				
Module	11, Nutrition (6 Hours Clinical)				
1.	Feeding the helpless resident				
2.	Assisting the resident who can feed self				
3.	Verifying that resident has been given correct diet tray				
4.	Use of feeding assistance devices				
Module	15, Observation and Charting (4 Hours Clinical)				
1.	Reports appropriate information to charge nurse				
2.	Documents V/S, ADLs timely/correctly				
3.	Documents changes in resident's body functions/behavior				
4.	Participates in resident care planning				